

# Squash Camp Down The Shore At Greate Bay Racquet and Fitness



### **Details:**

During the camps, players will go through an intense training regimen. Each day will focus on maximizing each players game to its fullest. Each player will improve their court movement, court awareness, decision making, ball striking, game planning and tournament preparation We will also work on squash fitness, core fitness and over-all conditioning. Spend time on the courts in the morning and the beach in the afternoon!

Coach to Student ratio 4:1. Camp Limited to 8 students.

### **Coaches:**

Greg Park - Head Squash Professional at Greate Bay Racquet & Fitness. Current Squash Doubles Association World Ranking #11. Top ranked Junior player in the United States, competing on 2 Junior World Team Championships (Princeton '00, Milan, Italy '02).

Imran Khan - Current Squash Doubles Association World Ranking #10. US National singles Champion U-25 2005. Winner of Germantown Graham Cup 2010 and 2012. Winner of the William White Open 2003-2007.

## **Camp Dates:**

Week 1:

July 21st - July 25th

9:30am - 12:30pm

Week 2:

July 28th - August 1st

9:30am - 12:30pm

# **Cost:**

\$400 / week

These camps are appropriate for those currently playing US squash events and / or on School teams. Coaches will make decision on students if more than 8 register / week based on level of play.

The camps are for the intermediate - advanced level.

To reserve your child's place, or discuss the camps further, please contact:

Greg Park on gpark@greatebayrf.com or 609.926.9550

Imran Khan on coach imran@yahoo.com or 267.303.0729



www.greatebayracquetandfitness.com

90 MAYS LANDING ROAD, SOMERS POINT, NJ 08244